



WRITING ASSESSMENT REPORT

Candidate ID

Submission Date

Writing

Task

Type

Marking key

Positives (breakdown of each criterion)

Task Achievement/Response

Cohesion & Coherence

Lexical Resource

Grammatical Range & Accuracy

Negatives (if any)

Grammatical error or wrong sentence formation

Wrong word choice/formation/spelling

under-developed/generalized idea/weak example

wrong/weak use of cohesive devices/referencing

logical inconsistency or off-topic/irrelevant detail

Repeated word/phrase or confusing information

can be written differently

Candidate's Work

Question

Nowadays people are less fit and healthy than they were in the past, which could affect their long term health.

Why do you think this is?

What can be done to solve this problem?

Essay

The fitness level of people is deteriorating and they are becoming unhealthy as compared to the past which will culminate in impacting their health in the future. Although there are certain reasons pertinent to this trend, individuals can take several measures to mitigate these problems.

People of the current era have a lot of food options in comparison with the past. Owing to the fast-paced world, individuals nowadays prefer to eat processed food at various restaurants regardless of their adverse effects on one's health. Nonetheless, people of yesteryear were supposed to eat home-cooked dishes due to lack of choices, which were beneficial for health. Also, this has led to many incurable diseases in the recent past. Elderly citizens from Pakistan, for instance, were not prone to many illnesses and their life expectancy rate was also high as opposed to the present. In spite of this problem, people can mitigate this risk by stop eating outdoors and prioritizing food cooked at home. Not only will they have less underlying health issues, but they also will maintain excellent fitness level.

Secondly, with the advancement of technology, many individuals have sedentary lifestyle and are sometimes unable to exercise regularly. For example, an employee of a company might dispatch required documents through e-mail or any other way, which was only possible to be taken by a person from one place to another in the past. In addition, improved transportation system can be used by a person to commute from their house to the workplace, which results in less physical activity. Although this is an alarming issue, one can reduce it by amending their lifestyle. An individual can use bicycle instead of a car to commute to work or maintain work life balance to give time to exercise.

It is true that people have more health related issues and are noticeably not as fit as the people of the past, which have detrimental effects on these people in the long run. Despite some causes of this tendency, these challenges can be abated by taking the abovementioned steps.

Feedback

Task Response

340 words.

All parts of the task are addressed.

Main ideas are relevant and well-presented.

Solutions remain generalized and could be more fully developed.

Relevant examples.

STRUCTURE, INTRODUCTION, AND RELEVANCY

- You have used a good structure of BP1: **problem 1 + its solution and BP2: problem 2 + its solution in this essay.**

Normally, we highlight a problem followed by its solution so it makes more sense if you follow a similar approach for this essay type.

- It is easier to think about a problem and its solution and have a well-developed idea. This means better coherence (strong progression) as well so you can be aiming at C&C 8 like this given that everything is developed and logically arranged.

This makes your point(s) strong because the problem(s) are directly related to the solution(s) or vice versa.

It also reduces the risk of repetition because your writing will remain more focused and you won't have to repeat any part of the problem(s) in the next paragraph before writing the solution.

You can read more about this in one of my posts:

<https://www.facebook.com/myIELTSGuide/posts/259044128865595>

- **You write an appropriate introduction and it does not give away too much information. I like this kind of thesis statement.**

You could also write 'In this essay, problems related to this trend and its solutions will be discussed' but do note that this is a generic style, and I find yours more suitable and natural.

- **This question adds in comparison with the past so if you do not give references to the past compared with how things are today, your task would not be completely addressed.**

Always make sure to read all parts of the task very carefully because if you miss any point of focus, you may end up with a task that is partially addressed or somehow off-task or off-topic. All this can be serious mistakes and limit your score to not more than band 4 or band 5 for TR.

UNDER-DEVELOPED & INCONSISTENT DETAILS

- For problems, you mention '**food choices**' in BP1 and '**sedentary lifestyle**' in BP2.

These problems are realistic enough for anyone to understand making these easier to be supported and developed. Your aim is to include problems that are easy to support and are realistic. Making the problems sound abstract or over-complicating simple issues can make your ideas seem unclear or become difficult to support.

imagine someone writing 'children with no siblings grow up to become criminals' - now this kind of generalization doesn't seem right because you are blowing the situation out of proportion by saying this.

You could simply write: '*children with no siblings may feel lonely because...*' Now this point is realistic and a lot easier to support with good reason(s).

- as solutions, you mention '**eating home-cooked food**' in BP1 and '**using other modes of travel like cycling**' in BP2.

However, the problem is that these are not effectively addressed and are left generalized. This also makes this part of the task underdeveloped and unclear - this is your limiting factor for TR.

unclear /underdeveloped details:

BP1: problem: individuals nowadays **PREFER** to eat fast food at restaurants **REGARDLESS OF** the **ADVERSE EFFECTS ON ONE'S HEALTH.**

solution: stop eating outdoor and prioritize food cooked at home - **but HOW or WHY will this happen?**

you mention in the problem that people 'prefer' fast food meals even though they are aware of its harmfulness, so will people just stop eating outdoor meals all of a sudden? No.

There is a reason why they prefer such meals - **THEY'RE CHEAPER.**

so if you were to clearly develop this point, you need to give reason(s) or ways in which this (preferring home-cooked meals can happen).

The possible reasons/ways could be:

i) discounts on vegetables at different stores OR making fresh vegetables and fruits more affordable/low-priced.

ii) make fast-food meals more expensive by introducing new taxes.

BP2: problem: **MANY INDIVIDUALS** have a sedentary lifestyle because they have quicker and easier ways to get things done.

solution: an individual can use bicycle or a car to work - **but WHY will opt to do this more physically activity when there are more convenient options available?**

UNBALANCED APPROACH

Possible solutions here to make this happen:

i) charging a toll fee for entry of cars during rush hours in commercial districts so drivers can be discouraged to use cars.

Transport for London has a Congestion Charge:

<https://tfl.gov.uk/modes/driving/congestion-charge>

ii) creating awareness of all the health benefits related to cycling + separate bike lanes on the road(s) so people/cyclists can be encouraged to consider this.

This can be commonly seen in Scandinavian countries and some other places.

Addressing some parts of the task more fully than others:

Lack of supporting details for solutions means unclear development, and this clearly shows you are addressing some parts of the task (problems) more fully than others.

BP1: 80 words for the problem and 35 words for its solution

BP2: approx. 72 words for problem and 37 words for its solution.

the reason why this difference is important to notice is because you extended and supported one part of the task more fully than the other one, and it leads to issues as highlighted above.

This is why your score for TR will be marked at 6.0.

When writing such essays, try to start the second part (solution) at almost halfway through the paragraph so there is a balance in argument(s).

This is a common problem for candidates who are following this kind of pattern so I am glad you made this mistakes because now you can particularly pay good attention to improve this issue.

Expected band score: 6.0

Always give relevant ideas and support these with well-extended details, and make sure that your response is well-balanced for all parts of the task otherwise you risk being marked at a lower TR score.

Coherence and Cohesion

ideas are arranged logically.
Paragraphing is logical.
cohesive devices are naturally used.
Some details could be more focused.

NATURAL COHESION, FOCUS & USE OF PRONOUNS

- You have used a good structure in your essay and the paragraphing is sufficient with clear topic sentences to guide the reader.
- Your use of cohesion is natural and there is a strong balance with cohesion between (*for instance, secondly, nonetheless, in addition, for example, also..*) and cohesion within (*not only, although, in spite of, despite..*) - Great work here!
- **Precision is the key in Writing.** If you can express something using fewer words while maintaining a clear meaning, use that approach Make every word count!

For example, *an employee of a company might dispatch required documents through e-mail or any other way, which was only possible to be taken by a person from one place to another in the past.*

for example, documents that could only be dispatched when taken by a person from one place to another can now be delivered through an email within seconds.

This is a difference of 10 words - it may not seem much in this example but the more focused you are with your writing, the better it is.

- **Be careful with the use of pronouns:**

the use of **this** in BP1 is not clear. **What does this refer to? 'Lack of choices' or 'cooked dishes' ? I think you refer to the trend by writing 'this' but it is unclear.**

You need to make sure that the nouns and pronouns are properly balanced otherwise you can lose marks for the lack of clear referencing.

write: **THIS** habit/trend has led to many..

- **in the concluding paragraph:**

Start your concluding paragraph with '**In conclusion**' or '**to conclude**'

Expected band score: 7.0
6.0 won't surprise me because of unclear development for TR.

Lexical Resource

wide range of vocabulary used.
words are naturally used to convey precise meanings.
awareness of style (collocations) noticed.
no spelling errors.
some errors with word choice and formation.

Detailed explanation & suggestions for improvement:

'pertinent to this, fast-paced world, processed food, adverse effects, yesteryear, incurable diseases, life expectancy, underlying issues, dispatch documents, alarming issue, detrimental effects, abated' are strong uses of lexis in your essay.

Some issues with vocabulary that need improvement:

- **recent past:** you already use words like 'current time, yesteryear, past' so writing 'recent past' for the present is confusing and has no clear meaning.

you could just write: This trend has **NOW** led to many incurable diseases..

- **compound (multi-word) adjectives:**

when you are using two different words as adjective, make sure to use a hyphen to connect these words.

correction: **health-related issues..**

- **tendency:** it means to have inclination/possibility towards a certain behaviour/action. In this context, this is not a 'tendency' but an on-going **issue/situation/condition.**

- **abovementioned steps** = **forementioned steps** OR **above-mentioned steps.**

Expected band score: 8.0
occasional errors with word choice/formation but you use a good range of vocabulary for a high LR score.

Grammatical Range & Accuracy

use of simple and complex sentence structures.

Many sentences are error-free.

subordination used.

Variety of conjunctions used.

inversion used.

repetition of 'which' - mistakes also noticed.

Some article issues can be noticed.

Detailed explanation & suggestions for improvement:

- you have used a variety of grammatical structures in your writing effectively.

your use of '**not only/but also, despite, in spite of, although**' etc shows your strong ability to score a high band in GRA. However, there are some minor issues that you need to fix here:

- **articles:** (an) excellent fitness level, (a) sedentary lifestyle..
- **less and fewer:** less is used for uncountable nouns but health issues are countable so the right use here is 'fewer'
- **which:** you over-use 'which' x4 in this essay, and some mistakes can be noticed.

You can see that some clauses do not need this relative connection and you could just use '**as, so, and [this]**'.

- For instance: *..compared to the past, and this can culminate in impacting their..*

when the relative clause is placed at the end of a sentence, its connection is with the noun that is placed right before the comma (closer to the 'which')

In the sentence: 'people of yesteryear were supposed to eat home-cooked dishes due to lack of choices, which were beneficial for health'

it appears that lack of choices = beneficial to health, but you meant to give additional info for 'home-cooked meals' - this is a mistake.

correction: *There was a lack of choices for people in yesteryear so they were supposed to eat home-cooked meals, which were beneficial for health.*

OR

people in the yesteryear were supposed to eat home-cooked dishes, which were beneficial for health, due to lack of choices.

Expected band score: 7.0 – fix these issues and your score for GRA will be around 8.0

TR
6.0

CC
7.0

LR
8.0

GRA
7.0

OVERALL BAND SCORE 7.0

General comments:

Your score should be considered closer to 6.5 because 6.0 in CC = $6.75 = 6.5!$ You really work on the issues with TR in terms of how the solutions were developed in this essay.

Your use of language and overall control of various features is very strong but this issue needs your attention.

I am sure you will work harder and take care of these points in all essays you write next.

I appreciate your hard work and commend you for this dedication. It's a pleasure to see that you are not repeating any previous mistake(s) and working hard towards improvement. Best of luck, [REDACTED]

COMMITTED TO YOUR SUCCESS